



# Lent Creation Care Challenge

This season of Lent, join us in making creation care a part of your worship. Use these weekly challenges as springboards into simple ways to live more sustainably. Share how you're engaging in these challenges by tagging us with @climatewitnessproject on social media.

## Ash Wednesday: Looking Ahead

**READ PSALM 24:1-2: "The earth is the Lord's and everything in it - all who dwell in it. For he has founded it on the seas and established it on the waters."**

In this season of Lent, choose to be a faithful steward of creation through small changes that have a big impact.

**Watch a video from Climate Conversation: Kenya to learn more about why living sustainably is part of loving our neighbor.**

## Week 2

**READ GENESIS 8:22: "As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease."**

Grow some herbs and vegetables inside. Not only are they great to add to soups and stews but plants also filter toxins out of the air.

**Share pics of your indoor garden with us!**

## Week 3

**READ 1 CHRONICLES 29:11: "...Yours is the kingdom, O LORD, and you are exalted as head above all."**

When you're out this week, pack a meal-on-the-go with reusable containers. A disposable, fast food-style lunch creates between 4-8 ounces of waste. Refuse plastic straws and stirrers & bring travel mugs or water bottles instead.

**Share your favorite lunch-packing tips or a photo of your lunch and tag us on social media.**

## Week 4

**READ AMOS 5:24: "But let justice roll down like waters, and righteousness like an ever-flowing stream."**

Whenever possible, buy fair trade. It's better for the environment & supports sustainable practices that minimize our environmental footprint. Fair Trade certification also ensures that workers have safe workplaces & fair wages. **Share your favorite fair trade brands with us on social media.**

## Week 5

**READ PSALM 104:10-11: "He makes springs pour water into the ravines; it flows between the mountains. They give water to all the beasts of the field..."**

Thank God for the gift of clean water! Easy ways to conserve water include only running the dishwasher and washing machine when you have a full load, as well as installing a rain barrel for spring garden watering.

**How are you conserving water? Tag us with tips on social media.**

## Week 6

**READ ROMANS 8:22-23: "We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies."**

Give thanks to our precious Lord and Savior who has redeemed us, and called us to good works. Ask God to show you how to continue in faithful stewardship in the days and weeks ahead. **Tell us about what lifestyle changes you're going to commit to even after Lent is over.**